

Lauren Howe

1015 Tangle Briar Dr • Seabrook, TX 77586
Phone: 219-707-0774 • E-Mail: lhowe92@midwestern.edu

Education

Midwestern University Downers Grove, IL 2013-2015

- Master of Medical Science to be awarded in September 2015

Valparaiso University Valparaiso, IN 2009-2012

- Bachelor of Science in Biology awarded in 2012
 - Graduated with honors

Professional Experience

Physician Assistant

Clear Lake Dermatology League City, TX June 2023-present

- Responsible for patient care with physician supervision
 - Patient care includes: Total skin exams, caring for skin conditions in children and adults such as: acne, rosacea, eczema, psoriasis, hair loss, actinic keratosis, nail abnormalities/diseases, various dermatoses, etc., performing procedures such as biopsies and excisions for: non-melanoma skin cancers, cysts, lipomas,, dysplastic/ benign nevi, intralesional steroid injections for: hypertrophic scars, keloids, nodules related to acne and hidradenitis suppurativa, cysts, alopecia areata, morphea, granuloma annulare, intramuscular steroid injections for contact/atopic dermatitis, ordering and interpreting appropriate: labs, imaging, and other diagnostics tests; doing cosmetic procedures such as injecting neurotoxin, injecting PRP for hair loss, injection lidocaine for nerve blocks
- Responsible for supervision of medical assistants/other staff
- Utilizing EMR for documentation

Physician Assistant

Radiant Dermatology Kingwood, TX September 2021-June 2023

- Responsible for patient care with physician supervision
 - Patient care includes: Total skin exams, caring for skin conditions in children and adults such as: acne, rosacea, eczema, psoriasis, hair loss, actinic keratosis, nail

Lauren Howe

Page 2

abnormalities/diseases, various dermatoses, etc.; performing procedures such as biopsies and excisions for: non-melanoma skin cancers, cysts, lipomas,, dysplastic/ benign nevi; intralesional steroid injections for: hypertrophic scars, keloids, nodules related to acne and hidradenitis suppurativa, cysts, alopecia areata, morphea, granuloma annulare; intramuscular steroid injections for contact/atopic dermatitis; ordering and interpreting appropriate: labs, imaging, and other diagnostics tests; doing cosmetic procedures such as injecting neurotoxin, performing chemical peels

- Responsible for supervision of medical assistants/other staff
- Utilizing EMR for documentation

Physician Assistant

Skilled Wound Care

Houston, TX

July 2020-September 2021

- Responsible for patient care with physician supervision
 - Patient Care includes: Total skin exams, caring for and diagnosing wounds such as: pressure wounds, DTIs, shear injury, skin tears, traumatic wounds, surgical wounds, etc., bedside surgical debridement of wounds in skilled nursing facilities, ordering and interpreting appropriate: labs, imaging, and other diagnostics tests, discerning applicable treatment plans/regimens for wounds, diagnosing and treating dermatological conditions in the skilled nursing facilities, removing and replacing gastrostomy tubes at the bedside
- Training and educating skilled nursing facility staff regarding proper treatment for wounds and various dermatological conditions
- Utilizing EMR for documentation

Physician Assistant

Pinnacle Dermatology

Valparaiso, IN

August 2017-July 2020

- Responsible for patient care with physician supervision

Lauren Howe

Page 3

- Patient care includes: Total skin exams, caring for skin conditions in children and adults such as: acne, rosacea, eczema, psoriasis, hair loss, actinic keratosis, nail abnormalities/diseases, various dermatoses, etc.; performing procedures such as biopsies and excisions: non-melanoma skin cancers, cysts, lipomas,, dysplastic/benign nevi; intralesional steroid injections for: hypertrophic scars, keloids, nodules related to acne and hidradenitis suppurativa, cysts, alopecia areata, morphea, granuloma annulare; intramuscular steroid injections for contact/atopic dermatitis; ordering and interpreting appropriate: labs, imaging, and other diagnostics tests
- Responsible for supervision of medical assistants/other staff
- Utilizing EMR for documentation

Physician Assistant

Dermatology Associates

Munster, IN

September 2015-August 2017

- Responsible for patient care with physician supervision
 - Patient care includes: Total skin exams, caring for skin conditions in children and adults such as: acne, rosacea, eczema, psoriasis, hair loss, actinic keratosis, nail abnormalities/diseases, various dermatoses, etc.; performing procedures such as biopsies and excisions: non-melanoma skin cancers, cysts, lipomas,, dysplastic/benign nevi; intralesional steroid injections for: hypertrophic scars, keloids, nodules related to acne and hidradenitis suppurativa, cysts, alopecia areata, morphea, granuloma annulare; intramuscular steroid injections for contact/atopic dermatitis, ordering and interpreting appropriate: labs, imaging, and other diagnostics tests
- Responsible for supervision of medical assistants
- Utilizing EMR for documentation

Licensures

- Texas State Licensure: PA13674 2020-present
- Indiana State Licensure: 1000135A 2015-present
- Illinois State Licensure: 085.006309 2017-present
- DEA registered – Texas 2020-present

Certifications & Affiliations

- Texas Gulf Coast PA Association 2023-present
- Texas Society of Dermatology Professional Associates 2023-present
- Texas Academy of Physician Assistants 2022-present
- Illinois Society of Dermatology Physician Assistants 2016-present
- Society of Dermatology Physician Assistants 2015-present
- National Commission on Certification of the Physician Assistant 2015-present
- Certificate in Advanced Cardiac and Basic Life Support 2014-present
- American Academy of Physician Assistants 2013-present

Professional Activities

- TXSDPA Board Member 2023-present
- TAPA Legislative Affairs Committee Member 2023-present
- SDPA CME Committee Co-Chair 2022-present
- NCCPA PANCE Exam Review Committee 2016-present
- Intramurals 2013-2015
- Emergency Medicine Club 2013-2015
- Mortar Board (Secretary 2010-2012) 2009-present

Rotation Experience

Obstetric & Gynecology, Partners in Obstetrics & Women's Health, New Lenox, IL (6 weeks)

- Obtained and performed a concise history and physical exam for OB-GYN patients in a rural community setting
- Performed routine gynecological/breast, routine well-woman, and prenatal exams
- Collected and interpreted laboratory studies
- Formulated diagnostic and treatment plans
- Observed and assisted with endometrial biopsy, endometrial ablation, hysteroscopy, dilation and curettage, IUD insertion or removal, laparoscopic hysterectomy, C-section and vaginal deliveries

Pediatrics, Heritage Pediatrics, Chicago, IL (6 weeks)

- Performed newborn and pediatric history and physical exams, problem focused pediatric physical exams, and school and sports physical exams
- Developed a diagnosis and treatment plan
- Assessed immunization status and administered appropriate vaccinations
- Performed inpatient history, physical examination, diagnostic, and treatment plan
- Provided patient education for behavioral expectations, immunizations, development, proper nutrition, safety and accident prevention, and treatment for acute illness

Behavioral Medicine, Cermak Health Services, Chicago, IL (6 weeks)

- Performed initial and follow-up psychiatric interviews
- Identified signs and symptoms of psychiatric disorders and formulated appropriate DSM-IV diagnoses
- Charted history and physical findings in Cerner
- Developed treatment plans and monitored effectiveness of treatment
- Determined division patient should transferred to and type of care they should receive

Geriatric Medicine, Helping Hands, Schaumburg, IL (6 weeks)

- Obtained and performed a pertinent history and a completed and focused physical exam for the long term care population
- Charted history and physical findings in eClinicalWorks

Lauren Howe

Page 6

- Obtained and interpreted laboratory tests and diagnostic studies
- Ordered medications and gave appropriate referrals
- Developed diagnosis and treatment plan
- Administered necessary vaccinations

Emergency Medicine, Holy Cross Hospital, Chicago, IL (6 week rotation)

- Obtained and performed appropriate history and physical exams
- Interpretation of diagnostic studies, EKG, and laboratory tests
- Responsible for the delivery of local anesthetic, suturing lacerations, stool guaiac tests, rectal exams, pelvic exams, pap smears, nasogastric tube placements, I&Ds, splinting, and wound care
- Assisted with ACLS protocols, central line insertions, endotracheal intubations, evaluation with ultrasound, lumbar punctures, and reductions

Internal Medicine, Stratford Internal Medicine, Bloomingdale, IL (6 weeks)

- Obtained and performed appropriate patient histories and physical exams
- Documented history and physical exam findings in Epic
- Acquired and interpreted laboratory values and diagnostic studies
- Developed diagnosis and treatment plans
- Provided patient education for the prevention and management of disease

Surgery, Peoria Surgical Group, Peoria, IL (6 weeks)

- Performed pertinent histories and physical exams of patients with surgical problems
- Assisted in the operating room as first and second assist using aseptic technique
- Responsibilities included suturing and stapling, operation of laparoscopic camera, insertion and removal of drains and line, cleaning and debridement of wounds, wound dressing changes, suture and staple removal

Family Medicine, Franciscan St. James Health, Olympia Fields, IL (6 weeks)

- Acquired and performed histories and physical exams for an urban community population
- Documented history and physical exam findings in Epic
- Obtained and interpreted laboratory tests and diagnostic studies

Lauren Howe

Page 7

- Developed diagnosis and treatment plan
- Performed inpatient visits in nursing homes and documented findings in paper charts
- Provided patient education for the prevention and management of diseases

Dermatology, Dermatology Associates of Northwest IN, Merrillville and Munster, IN (8 weeks)

- Performed history and full skin examinations
- Documented history and physical exam findings in EMA
- Responsibilities included suturing, skin graft placement, wound dressing, I&D, excision of skin lesions, excision of cysts, shave and punch biopsies, and cryotherapy
- Developed diagnosis and treatment plans
- Provided patient education for the prevention and management of diseases